

Kintavar Begins 5,000 m Drilling Program on the Mitchi Copper Project in Quebec

Montréal, Québec, November 13, 2019 – Kintavar Exploration Inc. (the **"Corporation**" or **"Kintavar**") (TSX-V: KTR) (FRANKFURT: 58V), is pleased to announce that it has begun its diamond core drilling program on the 100% owned stratiform copper Mitchi project in the province of Quebec.

The drilling program has 4 main objectives:

- Testing the structural interpretation from the 2019 summer exploration program on the Sherlock zone;
- Extending the Sherlock zone mineralization to the East, West and to the North;
- Increasing the drill density in the Sherlock zone in preparation for a resource estimate;
- First drilling on the summer discoveries of the Elementary and Conan zones
- Regional drilling in the Watson and Irene zones

A total of up to 5,000 meters are planned with the majority of the drilling expected in the Sherlock zone. Some results from the fall exploration program are still pending for the Watson and Irene zones with the regional drill holes to be planned accordingly based on the surface results.

"After a long summer of trenching and learning more about the geology, we are excited to be drilling again at the Mitchi project. With the logistics significantly improved since our acquisition of the Fer a Cheval in the summer of 2019, we are looking forward to a successful winter drilling program." comments Kiril Mugerman, President & CEO of Kintavar.

About Kintavar Exploration & the Mitchi Property

Kintavar Exploration is a Canadian mineral exploration Corporation engaged in the acquisition, assessment, exploration and development of gold and base metal mineral properties. It's flagship project is the Mitchi property (approx. 30,000 hectares, 100% owned) located west of the Mitchinamecus reservoir, 100 km north of the town of Mont-Laurier. The property covers an area of more than 300 km² accessible by a network of logging and gravel roads with a hydro-electric power substation located 14 km to the east. The property is located in the north-western portion of the central metasedimentary belt of the Grenville geological province. Many gold, copper, silver and/or manganese mineralized showings have been identified to date, with many characteristics suggesting of a sediment-hosted stratiform copper type mineralization (SSC) in the Eastern portion of the property and Iron Oxide Copper Gold (IOCG) and skarn type mineralization in the Western portion. Osisko holds a 2% NSR on 27 claims of the southern portion of the Mitchi property, outside of the sedimentary basin.

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Forward looking Statements:

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